

# Assistance with Daily Living



Quality Care

'Meeting the needs of the individual'

[www.qualitycare.com.au](http://www.qualitycare.com.au)

1300 534 431

# Assistance with Daily Living

Quality Care offers support with Assistance with Daily Living in your own home.

If you're not sure if you need Assistance with Daily Living or Supported Independent Living, talk to us about your needs. Our experienced and qualified staff can help you find the right support at the right time for you.



## Our role is to help you live independently

If you can look after yourself but need some extra help, our Assistance with Daily Living Services can make it happen.

Assistance with Daily Living means you stay in your own home. A Quality Care team member will visit you in your home for several hours each day or week, depending on how much support you need or what your funding allows.

## Our qualified and friendly staff at Quality Care can help you with:

- Daily living activities like cooking, cleaning, gardening and so much more
- Assistance with personal activities such as personal hygiene
- Helping you make new friends
- Learning how to stay safe in your home

## What do I need to know to receive Assistance with Daily Living?

We provide support for people with low and high needs. To be eligible for Quality Care's Assistance with Daily Living Services, you need to be:

- Hunter New England
- Live in your own home or live with your family
- Have NDIS funding, or be self-funded

Quality Care has Assistance with Daily Living Services across the Lower Hunter and Upper Hunter Regions.

If you would like more information on our **Assistance with Daily Living** service, please email us on [admin@quailitycare.com.au](mailto:admin@quailitycare.com.au) or you can call us on **1300 534 431**